MASTER OF ARTS IN COUNSELING (48 Credit Hours)

MISSION STATEMENT

The Master of Arts in Counseling presents the theory, method, and practice of counseling from a Pentecostal perspective. The program emphasizes distinctives of counseling for pastors and church staff members while also preparing those who will be counseling in other arenas, including those preparing for professional certification or state licensure by continuing from the Master of Arts in Counseling (48 credit hours) to the Master of Arts in Clinicial Mental Health Counseling (78 credit hours). The degree concentration requires courses in Bible, doctrine, historical theology, and Pentecostal Foundations for Christian Ministry and Study, all of which form the substantive core required to integrate faith, spirituality, and counseling. Integration of Pentecostal theology, counseling theory, and practice is critical to the design of this degree.

MASTER OF ARTS IN COUNSELING LEARNING OUTCOMES

As a result of successfully completing the Master of Arts in Counseling program, students will have been able to do the following:

- 1. Demonstrate the possession of personality characteristics that enable him or her to establish and maintain therapeutic relationships with clients and to facilitate clients' constructive change processes.
- 2. Demonstrate a theoretical and applied knowledge of spiritual, theological and ecclesiastical integration of counseling, particularly from a Wesleyan-Pentecostal perspective, and as applied in Wesleyan-Pentecostal ecclesial contexts.
- 3. Present evidence of the characteristics, knowledge, and skills required of an effective helper; compliance with ethical standards and as appropriate to his or her credentials, provide an effective range of counseling, care and related services to the community.
- 4. Identify and apply effective counseling skills that help clients grow toward personal goals and strengthen their capacity to cope with life situations.
- 5. Successfully complete the core biblical, theological, historical, and applied ministry studies as required by the Seminary in order to demonstrate acquisition of knowledge and practice toward integration of counseling, Scripture, theology, history and other applied ministry studies.
- 6. Demonstrate the knowledge of and compliance with characteristics, knowledge, and skills required of an effective counselor/helper.
- 7. Demonstrate compliance with ethical standards of counseling and uses counseling abilities appropriate to his or her credentials.

REQUIRED COURSES

For the Master of Arts in Counseling, students must complete all *General Degree Core Requirements;* all *Counseling Core Requirements;* and counseling electives. A counseling elective is any course with a course number prefix *CO* that is not listed as a Counseling Core Requirement.

General Degree Core Requirements* CE 702 Inductive Bible Study **ar** Bible Book St

CF 702	Inductive Bible Study <i>or</i> Bible Book Study	3
HT 602	Historical Theology II or	
TS 643	Theology of Wesleyan-Pentecostal Movement	3
NT 501	Pentecostal Explorations of the New Testament or Book Study in NT	3
OT 501	Pentecostal Explorations of the Old Testament or Book Study in OT	3
SA 801	Pentecostal Foundations for Christian Ministry and Study	3
TS 602	Pentecostal Spirituality-Theology II	3

Note: HS650 (*Church of God History and Polity*) *is additionally required for students seeking ministerial credentialing or advancement in ministerial rank within the Church of God.*

Counseling Core Requirements

CO 701	Counseling Skills	3
CO 702	Theories and Techniques in Counseling	3
CO 710	Marriage and Family Systems-Theories of Counseling	3
CO 782	Field Experience** or	
CO 770	Clinical Practicum**	3
CO 802-	805 Counseling Development Group	4
CO751/7	S698 Spirituality, Religion and Mental Health Counseling	3

**Students may complete either CO782 or CO770 to fulfill the capstone requirement. Capstone students are required to successfully complete a student portfolio for the MAC degree program. Students whose capstone project does not contain a "care component" will also be required to take SA806 (Care Practicum ~ 1-hour).

Counseling Electives	6
General Electives	

TYPICAL MAC PROGRAM SEQUENCE

First Year

CO 701	Counseling Skills	3
	Theories and Techniques in Counseling	
CO 802	Counseling Development Group	1
CO 803	Counseling Development Group	1
	Historical Theology II or	
TS 643	History and Theology of Wesleyan-Pentecostal Movt	3
NT 501	Pentecostal Explorations of the NT or Book Study in NT	3
OT 501	Pentecostal Explorations of the OT or Book Study in OT	3
SA 801 I	Pentecostal Foundations for Christian Ministry and Study	3
General	Electives	2
Counseli	ing Elective	3
J-Term E	Elective (January, June, or July) - Optional	

Total Credit Hours First Year: 25

Second Year

CF 702	Inductive Bible Study or Bible Book Study	3
CO 710	Marriage and Family Systems-Theories in Counseling	3
CO 782	Field Experience or	
CO 770 (Clinical Practicum) (Capstone)	3
CO 804	Counseling Development Group III	1
CO 805	Counseling Development Group IV	1
TS 602	Pentecostal Spirituality-Theology II	3
CO 751	Spirituality, Religion and Mental Health Counseling	3
Counselir	ng Elective	3
General H	Elective	3

Total Credit Hours Second Year: 23

Total MAC Degree Program Requirement: 48 Credit Hours

MASTER OF ARTS IN CLINICAL MENTAL HEALTH COUNSELING (78-Hour Degree Program)

Core Faculty: Oliver McMahan, Tom Biller, Douglas Slocumb, and John Vining

MACMHC MISSION STATEMENT

The mission of the Master of Arts in Clinical Mental Health Counseling (MACMHC) is preparation for the eventual certification and/or licensure of students. Students will receive thorough integration training in professional counseling that will prepare them to sit for licensure examination in various states in the area of Mental Health Counseling. The program provides training for counselors that relates to the diagnosis of various mental disorders. They will be especially familiar with the DSM5 and will be capable of diagnosing mental illnesses. The program is designed to train students so they can work in church settings, outpatient mental health settings, and inpatient settings. Students will be able to assess potential clients and compare their skills with client needs and treat or refer with confidence. The program also provides electives in couples, marriage and family counseling, and gerontological counseling.

The program is for students who desire professional level training in mental health counseling. The program includes the same essential Bible and theology core as other programs in the Seminary. Students in the program will not only be competent in mental health counseling, but will also be proficient in the academic study of, practical dialogue of, and professional leadership in religious, spiritual, biblical, and theological issues related to mental health counseling. Mental health counselors are valuable and sought for placement by a variety of growing public, private, educational, clinical, secular, and religious settings.

MACMHC LEARNING OUTCOMES

Students completing the 78-hour MACMHC degree program will be able to:

- 1. Demonstrate the possession of personality characteristics that enable him or her to establish and maintain therapeutic relationships with clients and to facilitate clients' constructive change processes.
- 2. Demonstrate a theoretical and applied knowledge of spiritual, theological and ecclesiastical integration of counseling, particularly from a Wesleyan-Pentecostal perspective, and as applied in Wesleyan-Pentecostal ecclesial contexts.
- 3. Present evidence of the characteristics, knowledge, and skills required of an effective helper.
- 4. Identify and apply effective counseling skills that help clients grow toward personal goals and strengthen their capacity to cope with life situations.
- 5. Successfully complete the core biblical, theological, historical, and applied ministry studies as required by the Seminary in order to demonstrate acquisition of knowledge and practice toward integration of counseling, Scripture, theology, history and other applied ministry studies.
- 6. Demonstrate the knowledge of and compliance with characteristics, knowledge, and skills required of an effective counselor/helper.

- 7. Demonstrate compliance with ethical standards of counseling and the use of counseling abilities appropriate to his or her credentials.
- 8. Demonstrate the ability to discern when individual or group counseling would be most helpful; understand basic principles of group dynamics; and become familiar with the major group therapies, stages of group development, group member roles, and research related to group counseling.
- Demonstrate the ability to define and recognize the needs of multicultural and specific populations/counselees, and respond to such needs via effective intervention and/or appropriate referral.
- 10. Understand planning, administration, evaluation and program revision for the delivery of counseling and related services.
- 11. Promote healthy attitudes toward work and career plans; implement and evaluate career development programs; and facilitate client career development and mature life planning.
- 12. Demonstrate the ability to appraise the characteristics of students and counselees, describe the needs and potentialities of individuals; identify individual differences; and provide for recording and disseminating the resultant data.
- 13. Demonstrate the ability to conceptualize clients based on the assessment categories used in standardized diagnostic systems; maintain current and comprehensive financial, clinical, and other records related to a private or community-based agency counseling practice; and assist counselees, administrative staff, agency personnel, and parents in the location of and introduction to specialized referral agencies and services within the community.
- 14. Demonstrate the ability to consult with individuals, groups, institutions, and agencies on individual, group, family, and institutional programs and activities.
- 15. Demonstrate the ability to conduct research, to interpret clearly the implications of research data to professional staff members, parents, clients, referral agencies, and community resources, and to use the results of research in counseling, program development, and program revision.
- 16. Develop the ability to use their diagnostic skills when assessing clients during the intake session so that they can quickly develop a working diagnosis in order to direct treatment planning.
- 17. Learn to assess clients with in-depth clinical interview skills that will lead to more accurate initial diagnoses.

The MACMHC satisfies the *academic* requirements for National Certified Counselors with the National Board of Certified Counselors and for Licensed Professional Clinical Mental Health Counselors in all 50 U. S. states, according to an annual audit of state requirements conducted each spring. Internationally, mental health counseling recognition requirements may vary from United States criteria.. State nomenclature may vary from state to state. As an example, rather than *Licensed Professional Clinical Mental Health Counselor*, a state may use *Licensed Professional Counselor*. Besides academic requirements, other state requirements include post-masters degree supervised experience, examinations etc. Students should inquire about licensure requirements with the board governing counseling licensure in their respective state.

A MACMHC program handbook entitled, *Guidelines for the MACMHC*, includes program requirements of students and is available upon request in the counseling departmental office.

For the Master of Arts in Clinical Mental Health Counseling, students must complete all *General Degree Core Requirements and* all *Counseling Core Requirements*. Students are further required to complete the minimum of 11 credit hours of counseling electives. A counseling elective is any course with a course number prefix *CO* that is not listed as a Couseling Core Requirement.

MACMHC REQUIRED COURSES

General Degree Core Requirements*

CF 702	Inductive Bible Study or Bible Book Study	3
NT 501	Pentecostal Explorations of the NT or Book Study in NT	3
OT 501	Pentecostal Explorations of the OT or Book Study in the OT	3
SA 801	Pentecostal Foundations for Christian Ministry and Study	3
TS 602	Pentecostal Spirituality-Theology II	3
HT 602	Historial Theology II or	
TS 643	Theology of Wesleyan-Pentecostal Movement	3
CO 751	Spirituality, Religion and Mental Health Counseling or	
TS 630	Pedagogy of the Holy Spirit	3

*HS650 (Church of God History and Polity) is additionally required for students seeking credentialing or advancement in rank within the Church of God.

Counseling CoreRequirements

	8 1
CO 70	Mental Health Diagnosis/Abnormal Psychology in Counseling/DSM53
CO 70	Counseling Skills
CO 70	2 Theories and Techniques in Counseling
CO 70	3 Human Growth and Transformation
CO 73	Professional Issues and Ethics in Counseling
CO 73	2 Group Dynamics and Counseling
CO 73	3 Lifestyle and Career Development in Counseling
CO 73	6 Intercultural Counseling
CO 77	0 Clinical Practicum in Counseling (substitutes for SA806 Care Practicum)3
CO 77	Mental Health Assessment, Tests, and Measures in Counseling/DSM53
CO 78	4 Research and Evaluation in Counseling
Superv	ised Internship CO785 (3 hrs) and CO787 (3 hrs) or CO786 (6 hrs)**6
CO 79	1 Psychopharmacology Applied to Counseling
CO 80	2-804 Counseling Development Group I - IV

**Students may complete either CO785 and CO787 (total of 6 hours) or CO786 (6 hours) to fulfill the capstone requirement. Capstone students are required to successfully complete a student portfolio for the MACMHC degree program. Students whose capstone project does not contain a "care component" will also be required to take SA806 (Care Practicum ~ 1-hour).

Electives

Counseling Electives

TYPICAL MACMHC PROGRAM SEQUENCE

First Year

CO 700	Mental Health Diagnosis/Abnormal Psychology in Counseling .	3
CO 701	Counseling Skills	3
CO 702	Theories and Techniques in Counseling	3
CO 773	Mental Health Assessment	3
CO 802	Counseling Development Group	1
CO 803	Counseling Development Group	1
HT 602	Historical Theology II or	
TS 643	Theology of the Wesleyan-Pentecostal Movement	3
NT 501	Pentecostal Explorations of the NT or Book Study in NT	3
OT 501	Pentecostal Explorations of the OT or Book Study in OT	3
SA 801	Pentecostal Foundations for Christian Ministry and Study	3
Counsel	ng Elective	3

J-Term (January, June, or July)

Total Credit Hours First Year: 29

Second Year

CF 702	Inductive Bible Study or Bible Book Study	3
CO 703	Human Growth and Transformation	3
CO 731	Professional Issues and Ethics in Counseling	3
CO 736	Intercultural Counseling	3
CO 770	Clinical Practicum in Counseling	3
CO 804	Counseling Development Group	1
CO 805	Counseling Development Group	.1
TS 602	Pentecostal Spirituality-Theology II	3
Counseli	ng Electives	5
CO791	Psychopharmacology (June J-term)	.3

Total Credit Hours Second Year: 28

Third Year

CO 732	Group Dynamics in Counseling	.3
	Lifestyle and Career Development	
CO 751	Spirituality, Religion and Mental Health Counseling	.3
	Research and Evaluation in Counseling	
Supervise	ed Internship in Mental Health Counseling* (CO786 or CO785 and CO787)	.6
Counseli	ng Electives	.3

Total Credit Hours Third Year: 21

*CO785 is 3 credit hours; CO786 is 6 credit hours; and CO787 is 3 credit hours.

Total MACMHC Degree Program Requirement: 78 Credit